



Rina Sangalang

Rina Sangalang is a certified teacher majoring in Physical Education and Health. This year marks 5 years as a teacher and is currently teaching Physical Education and Health. She enjoys coaching at the grassroots and developmental level of volleyball.

She has led her competitive boys team to a 3-peat championship in the MCSAA division, and has finished in the top 3 at provincials.

This is Rina's 3rd year coaching with Winman Volleyball Club. She embodies what it means to be a leader in sport for her athletes and encourages them to grow in every aspect on and off the court.

This year Rina is excited to be coaching the 14U Waves team. She hopes to help growing athletes compete well and become positive leaders in the community.

rclang17@gmail.com