



Jen Skelly

With 25 years of experience as a physical education teacher in the Sunrise School Division, Jen has dedicated her career to fostering a love for physical activity and sports among her students. An accomplished athlete herself, she has played volleyball for over 30 years, achieving remarkable success.

Jen started her volleyball journey at Garden City Collegiate where her team won the AAAA Provincial Volleyball Championships and was awarded the Mike Burchuk award. She also represented the Manitoba Provincial team and was a former player for the University of Manitoba Bison's women's volleyball team. Her extensive experience on the court has translated seamlessly into her coaching, where she has had the privilege of mentoring players across various age groups and skill level.

Passionate about sharing her love for volleyball, Jen continues to play competitively and is excited to inspire the next generation of athletes through her coaching. Her commitment to promoting teamwork, resilience and sportsmanship shapes the lives of her students and players both on and off the court.

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