



Rina Sangalang

Rina Sangalang is a certified teacher and holds a Bachelors of Physical Education and Health as well as a Bachelors of Education. She has been teaching for 3 years at her alma mater, Holy Ghost School. Rina has coached both boys and girls volleyball at the grade 7 and 8 level for over 15 years. This year her competitive boys team at Holy Ghost earned a spot at the Grade 8 Provincials hosted by Volleyball Manitoba where they finished as Provincial Finalists. She went on to coach them to their MCSAA league championships. Rina has a passion for volleyball and coaching. It is important that her athletes not only grow on the court, but off the court too.

This is Rina's first year coaching club with WinMan. Prior to this, she has spent her time watching her daughter (WinMan alumna) play club and enjoyed every second of it. Now, her daughter Jailyne will join forces with her to become a dynamic duo. Rina looks forward to seeing her athletes succeed and work through challenges helping them become better people.

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