



## Sharlene Keenas

Sharlene has been employed with River East Transcona School Division for the past 26 years; currently working at Transcona Collegiate in the Resource Department.

Sharlene has been involved in the sport of volleyball for many years as a player and presently as a coach, Club Executive member and Volleyball Manitoba Committee Member. She has coached volleyball for 25 years with various boys and girls teams at the middle and high school level as well as elite Club teams. Sharlene is a fully certified Level 1 NCCP coach. Highlights of her coaching experiences come in the form of several RETSD M/Y Divisional Championships, Top 4 VM Provincial Junior High Challenge, 2014 KPAC Tier 2 JV Girls Championship, 2015 KPAC JV Girls Tier 2 Finalist and most recently coached the Transcona Titans JV Girls to a Tier 1 KPAC championship in 2017; the first Tier 1 Volleyball Championship in the school's history! She also coached various WinMan Club teams winning several National Tier medals along the way. Sharlene was recognized as the Volleyball Manitoba Volunteer of the year in 2011.

Sharlene is looking forward to the 2020 Club season; her 15th season with Winman. Once again she will take on the role of Assistant Club Director and Mentor Coach.

Sharlene enjoys spending time with her husband Doug, especially traveling to various campgrounds while in the comfort of their travel trailer. She also enjoys reading, gardening and spending time with family.

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***“ABILITY” is what you’re capable of, MOTIVATION determines what you do, ATTITUDE determines how well you do it” - Lou Holtz***