



## Sharlene Keenas

Sharlene has been employed with River East Transcona School Division for the past 22 years.

Sharlene has been involved in the sport of volleyball for many years as a player and presently as a JV coach, Club Executive member and Volleyball Manitoba committee member. She has coached volleyball for 21 years with various boys and girls teams at the middle and high school level as well as elite Club teams. Sharlene is a fully certified Level 1 NCCP coach. Highlights of her coaching experiences come in the form of several RETSD M/Y Divisional Championships, Top 4 VM Provincial Junior High Challenge, 2014 KPAC Junior Varsity Girls Championship, 2015 KPAC Junior Varsity Girls Finalist and several National Tier medals with various Club teams. Sharlene was recognized as the Volleyball Manitoba Volunteer of the year in 2011.

Sharlene is looking forward to the 2016 Club season; her eleventh year with Winman. Once again she will take on the role of Assistant Club Director and Mentor Coach.

Sharlene enjoys playing and watching various sports, camping, traveling, and reading with her family and friends.

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***"ABILITY" is what you're capable of, MOTIVATION determines what you do, ATTITUDE determines how well you do it" - Lou Holtz***